

Family Home Evening Lesson:

The Atonement of Jesus Christ is for Me

Opening Song: *He Sent His Son* (Children's Songbook #34) or *Gethsemane* by Melanie Hoffman

Prayer:

Opening Activity: Have every family member lie down together on the floor. Now choose one person to try to lift up another family member without getting off the floor herself. It's impossible! Now choose someone to stand up. That person will then help pull up the rest of the family members one by one. Now it is much easier! Discuss how all of us on earth are like the people lying down on the floor. The person standing is like the Savior. Jesus Christ had to rise above death and sin in order to be able to lift us all up.

Scripture: John 3:16, Alma 7:12, and/or 3 Nephi 11:14

Read: *The Atonement of Jesus Christ is for Me*

Application Activity: *The Atonement of Jesus Christ is for Me* uses several similes and comparisons to describe the Atonement such as "the Atonement is gentle like a kiss on your cheek" and "the Atonement goes higher than the tallest oak tree." Make up your own simile or comparison to describe the Atonement. What is it like for you? Draw a picture of your idea and hang it up in the house to remind you about Jesus's Atonement throughout the week.

Younger children can draw a picture of Jesus or draw a picture of how Jesus makes them feel (such as a happy, smiling face).

Treat:

Closing Prayer: